HEALTHTRUST
Workforce Solutions

DIVISION SCOPE OF SERVICE

Division: SAN ANTONIO
Classification: CHILDBIRTH EDUCATOR/DOULA
Applicant Name:

Childbirth Educator/Doula:
The Childbirth Educator/Doula must have equivalent qualifications, competence and function in the same role as employed individuals performing the same or similar services at the facility.

Definition of Care or Service:
The Childbirth Educator are instructors that teach classes to families expecting babies to help women and their families better understand the physical and emotional changes of pregnancy.

The Doula is trained in childbirth and provides emotional, physical, and educational support to a mother who is expecting, experiencing labor, or has recently given birth.

The Childbirth Educator/ Doula Scope of service may include:

- Educate women on having a safe, memorable, and empowering birthing experience.
- Develops and implements health education programs designed to increase awareness and knowledge to patients planning to give birth.
- Knowledge of reproductive health, pregnancy, childbirth, postpartum, breastfeeding, infant development, and infant care Keeps current on changes in labor and delivery technology to keep program material accurate.
- Educate parents on the proper use of child passenger seats.
- Demonstrates Clinical and Service excellence behaviors to include HCA Healthcare code of conduct core fundamentals in daily interactions with patients, families, co-workers and physicians.
- Provide the birthing woman with education regarding non-medical comfort techniques and alternatives for labor, including but not limited to positions and movement, comforting touch, visualization, breathing techniques, rebozo technique and affirmation.
- Working closely with the birthing person and their family as they explore their values and needs surrounding birth.
- Provide evidence-based information on birth options and resources Provide education regarding post-partum care that includes breastfeeding Demonstrates.
- Clinical and Service excellence behaviors to include HCA Healthcare code of conduct core fundamentals in daily interactions with patients, families, co-workers and physicians

The Doula is not a clinician and therefore **does not**:

- Diagnose medical conditions.
- Perform clinical procedures.
- Interpret medical diagnoses or clinical results.
- Prescribe or administer treatment of medical conditions.
- Perform clinical procedures.
- Make decisions for the birthing woman.
- Attend births that are intentionally unassisted by qualified medical professionals.

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Setting(s):
- Hospital Labor & Delivery, Mother/Baby, and/or Neonatal Intensive Care Units

Supervision:
- Indirect supervision by Department Director or designee which may include Labor & Delivery staff, Director and Obstetric Providers.

Evaluator:
- Department Director or designee which may include Labor & Delivery Director in conjunction with entire Obstetric Team.

Tier Level: 2

eSAF Access Required: YES

Qualifications:
- High School Diploma or higher
- Current certification in good standing from one of the previously listed training organizations OR 3 professional recommendations from a nurse, doula client, or provider who have attended births with the doula in a hospital setting. (Limit 1 client recommendation.)
- One of the below recommended:
  - Certification as childbirth educator
  - Parent Education Certificate

NOTE: Where education may not be defined in qualifications area of the Scope, HCA Healthcare requires the highest level of education completed (not training or courses) confirmed on your background check.

State Requirements:
- N/A

Experience:
- N/A

Preferred:
- 1 year experience with childbirth

Competencies:
The Childbirth Educator/Doula will demonstrate:
- Ability to communicate both verbally and in writing.
- Ability to develop curricula in cooperation with others.
- Good customer service skills; ability to maintain poise and exercise diplomacy in all interactions with hospital staff, medical staff, and visitors.
- Ability to foster an environment which promotes and encourages.
  others toward self-development and life-long learning.
- Ability to provide direction and control to individuals as well as multiple teams.
- Ability to effectively manage multiple priorities and multi-level tasks.
- Ability to analyze information and use logic and process to address work-related issues and problems.
- Infection Prevention
  - Practices consistent hand hygiene
  - Use personal protective equipment (PPE) when required.
  - Required immunizations per Division requirements.
  - Complies with Isolation precautions.
  - Maintains sterile field

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References: Academy of Medical Educators https://www.medicaleducators.org/
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Your signature confirms you will be able to comply with the Qualifications and Competencies listed within this Scope of Service and that you will confirm education via your background check.

Applicant Printed Name: _____

Signature: _____

Date: _____