

DIVISION SCOPE OF SERVICE

Division: CONTINENTAL

Classification: LICENSED MASSAGE THERAPIST

Applicant Name:

Licensed Massage Therapist:

The Licensed Massage Therapist must have equivalent qualifications, competence and function in the same role as employed individuals performing the same or similar services at the facility, as defined by facility job description.

Definition of Care or Service:

The Licensed Massage Therapist provides therapeutic and medical massage services to aid in the comfort of the patient. Scope of Services include:

- Obtains authorization and direction for massage therapy from the patient's assigned nurse or physician prior to providing massage therapy.
- Obtains additional authorization from the patient's nurse or physician if the patient's condition includes skin fragility, postural limitation, neutropenia, soft tissue sarcoma, low platelet count, low white cell count, osteoporosis, or bone metastatis.
- Avoids massage on areas of inflammation, sites of injury, surgery, procedures, tumors or deep vein thrombosis
- Acquires informed consent for massage services from each patient upon whom massage is to be performed.
- Designs and plans each massage session based upon the patient's physical and psychosocial condition/needs.
- Performs only supportive massage with indicated pressure to promote relaxation.
- Provides structured touch, palpation, or movement of the soft tissue. Such therapy includes, but is not limited to, techniques such as:
 - o Effleurage, commonly called stroking or gliding
 - Petrissage, commonly called kneading
 - Tapotement or percussion
 - o Friction
 - o Vibration
 - o Compression
 - o Passive and active stretching within the normal anatomical range of movement
 - Hydromassage
 - Thermal massage.
- Applies therapy with or without the aid of lubricants, salts or herbal preparations, water, heat, or a massage device that mimics or enhances the therapy.
- Excludes therapeutic exercise, intentional joint mobilization or manipulation or physical therapy.
- Documents treatments and patient interactions in the medical record.
- Demonstrates Clinical and Service excellence behaviors to include HCA Healthcare code of conduct core fundamentals in daily interactions with patients, families, co-workers and physicians.

Setting(s):

- Healthcare facilities including but not limited to hospitals, outpatient treatment facilities, ambulatory surgery centers, imaging centers, and physician practices.
 - o Patient Care areas, all settings



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Supervision:

• Direct supervision department director, site manager or designee

Evaluator: Department director or designee

Tier Level: 2

eSAF Access Required: Yes

Qualifications:

- High School diploma/GED or higher
- Completion of **one** of the below:
 - o Massage therapy educational program from a massage therapy school
 - Certified by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB);
- Licensed as a Massage Therapist (See state requirements)
- American Heart Association or Red Cross health care provider BLS Certification

NOTE: Where education may not be defined in qualifications area of the Scope, HCA Healthcare requires the highest level of education completed (not training or courses) confirmed on your background check.

State Requirements:

- Colorado:
 - License through the Colorado Division of Regulatory Agencies (DORA), Professionals and Occupations, as a Massage Therapist.
- Kansas:
 - City of Wichita License.

Experience:

• One year as a Massage Therapist.

Competencies:

The Licensed Massage Therapist will demonstrate:

- Safe and effective practice of massage therapy
 - Demonstrates proficiency in the different aspects of massage therapy
 - Maintains equipment in good working order (i.e., massage table, massage chair)
 - Demonstrates effective infection control practices related to equipment operation
- Accurate patient information review and assessment
 - Uses at least two ways to identify patients before providing services
 - Verifies that the requested therapy correlates with the patient's request and is appropriate given the patient's condition
 - o Accesses the patient medical record appropriately
 - o Documents in the medical record according to the facility standard / policy
 - Notifies nurse/physician of any unusual or adverse response to medical message therapy.
- Patient education and counseling
 - o Counsels patients regarding the outcomes or side effects of massage therapy
 - Counsels/educates patients regarding movements or stretches that may be done outside of massage therapy
- Infection Prevention
 - o Practices consistent hand hygiene
 - Uses personal protective equipment (PPE) when required
 - Required immunizations per Division requirements
 - Complies with Isolation precautions
 - Maintains sterile field



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References:

- Massage & Bodywork State Licensing Requirements: https://www.abmp.com/practitioners/state-requirements
- DORA: https://apps.colorado.gov/dora/licensing/Lookup/LicenseLookup.aspx
- Massage Therapy Licensure in Colorado: Become an LMT in Colorado: https://www.massagetherapylicense.org/state/colorado-massage-license.html
- Massage Therapy Schools in Colorado: https://www.massagetherapylicense.org/massage-therapy-schools.html
- NCBTMB: https://www.ncbtmb.org/directory-search/
- Kansas License Verification: https://www.wichita.gov/Licenses/Pages/default.aspx

Document Control:

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Your signature confirms you will be able to comply with the Qualifications and Competencies listed within this Scope of Service and that you will confirm education via your background check.

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Applicant Drinted News	
Applicant Printed Name:	
Signature:	
Date:	